



March 2020



NE Hillside Rec. Center

320 Wyoming Laredo, Texas 78041

(956) 795-3045

MON	TUES	WEDS	THURS	FRI	SAT
<p>2</p> <p>Be Well/Live Well 11 - 12:00 pm Yoga 11 am - 12 noon Volleyball (Beg) 5:00 - 6:00 pm Volleyball (11/12s) 5:30 - 6:45 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Body Sculpt 7:00 - 7:55 pm Volleyball (13/14s) 8:00 - 9:30 pm Volleyball (15/16s) 8:00 - 9:30 pm Karate 8:30 - 9:25 pm</p>	<p>3</p> <p>ESL Classes 9:30 am - 11 am Golden Power Hour 11am -12 pm Tennis 4 Blind 4:30 - 5:30 pm Taekwondo 6:00 - 6:55 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Volleyball (12s Adv) 7 -7:55 pm Body Sculpt 7:00 - 7:55 pm SYBL games 8:00 - 9:00 pm</p>	<p>4</p> <p>Basketball Camp 4:15 - 5:10 pm Volleyball (Beg) 5:00 - 6:00 pm Volleyball(11/12s) 5:30- 6:45 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Body Sculpt 7:00 - 7:55 pm Volleyball(13/14s)8:00- 9:30 pm Volleyball(15/16s)8:00-9:30 pm Karate 8:30 - 9:25 pm</p>	<p>5</p> <p>ESL Classes 9:30 am - 11 am Golden Power Hour 11am -12 pm Basketball Camp 4:15 - 5:10 pm Taekwondo 6:00 - 6:55 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Volleyball (12s Adv) 7 - 7:55 pm Body Sculpt 7:00 - 7:55 pm</p>	<p>6</p> <p>Taekwondo 6:00 - 6:55 pm Volleyball (11/12s) 7:00 - 8:30 pm Volleyball(12 Adv)7:00 - 8:30 pm Cheer FX 7:30 - 8:30 pm Volleyball(13/14s) 8:30 - 9:30pm Volleyball(15/16s) 8:30 - 9:30pm</p>	<p>7</p> <p>Spurs Coach Cert. 9 am - 11am</p> <p>Cheer Fx 10 am - 11 am</p> <p>Weight Room 10am - 2 pm</p> <p>SYBL games 12pm - 3pm</p>
<p>9</p> <p>Be Well/Live Well 11 - 12:00 pm Yoga 11 am - 12 noon Volleyball (Beg) 5:00 - 6:00 pm Volleyball (11/12s) 5:30 - 6:45 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Body Sculpt 7:00 - 7:55 pm Volleyball (13/14s) 8:00 - 9:30 pm Volleyball (15/16s) 8:00 - 9:30 pm Karate 8:30 - 9:25 pm</p>	<p>10</p> <p>ESL Classes 9:30 am - 11 am Golden Power Hour 11am - 12 pm Tennis 4 Blind 4:30 - 5:30 pm Taekwondo 6:00 - 6:55 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Volleyball (12s Adv) 7 -7:55 pm Body Sculpt 7:00 - 7:55 pm</p>	<p>11</p> <p>Basketball Camp 4:15 - 5:10 pm Volleyball (Beg) 5:00 - 6:00 pm Volleyball (11/12s) 5:30-6:45 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Body Sculpt 7:00 - 7:55 pm Volleyball(13/14s) 8:00-9:30 pm Volleyball(15/16s) 8:00-9:30 pm Karate 8:30 - 9:25 pm</p>	<p>12</p> <p>ESL Classes 9:30 am - 11 am Golden Power Hour 11am -12 pm Basketball Camp 4:15 - 5:10 pm Taekwondo 6:00 - 6:55 pm Think Tank 6:30 - 7:25 pm Zumba 7:00 - 7:55 pm Volleyball (12s Adv) 7 - 7:55 pm Body Sculpt 7:00 - 7:55 pm</p>	<p>13</p> <p>Taekwondo 6:00 - 6:55 pm Volleyball (11/12s) 7:00 - 8:30 pm Volleyball(12 Adv)7:00 - 8:30 pm Cheer FX 7:30 - 8:30 pm Volleyball(13/14s) 8:30 - 9:30pm Volleyball(15/16s) 8:30 - 9:30pm</p>	<p>14</p> <p>Cheer Fx 10 am - 11 am</p> <p>Weight Room 10am - 2 pm</p>
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**** ALL PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE OR CANCELLATION. ** PLEASE INQUIRE AT FRONT DESK FOR MORE INFORMATION.**