



CITY OF LAREDO PARKS & RECREATION DEPARTMENT

EL EDEN RECREATION CENTER

4735 Loma Vista Dr.

Phone : (956) 794-1769



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

2
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

3
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

4
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

5
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

6
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

7
OPEN GYM 10 am - 1:45pm
WEIGHT ROOM 10am - 1:45pm
TRACK 10 am - 1:45 pm

9
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

10
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

11
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

12
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

13
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

14
OPEN GYM 10 am - 1:45pm
WEIGHT ROOM 10am - 1:45pm
TRACK 10 am - 1:45 pm

16
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

17
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

18
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

19
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

20
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

21
OPEN GYM 10 am - 1:45pm
WEIGHT ROOM 10am - 1:45pm
TRACK 10 am - 1:45 pm

23
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

24
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

25
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

26
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

27
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

28
Sorry - We're
CLOSED

30
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ZUMBA 7 - 8pm
ADULT B. BALL 7 - 9:45pm

31
WEIGHT ROOM 8am - 9:45pm
OPEN GYM 8am - 3:00pm
ZUMBA 8:30 - 9:30am
YOUTH B. BALL 3 - 6:45pm
ADULT B. BALL 7 - 9:45pm

*All events are
subject to change

MAY 2022

