



CITY OF LAREDO PARKS & RECREATION DEPARTMENT

EL EDEN RECREATION CENTER

4735 Loma Vista Dr.

Phone : (956) 794-1769



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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6	7	8	9	10	11
<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am YOUTH OPEN GYM 3 - 6:45pm ZUMBA 7 - 8pm ADULT B. BALL LEAGUE 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3 pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm SELF DEFENSE 6 - 7pm ADULT OPEN GYM 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3 pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm ZUMBA 7 - 8pm ADULT B. BALL LEAGUE 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm SELF DEFENSE 6 - 7pm ZUMBA 7 - 8pm ADULT OPEN GYM 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm ADULT OPEN GYM 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3 pm WEIGHT ROOM 8am - 10pm TRACK 10am - 2pm OPEN GYM 10am - 2pm</p>
13	14	15	16	17	18
<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am YOUTH OPEN GYM 3 - 6:45pm ZUMBA 7 - 8pm ADULT B. BALL LEAGUE 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm SELF DEFENSE 6 - 7pm ADULT OPEN GYM 7 - 10pm</p> <p style="text-align:center;"><i>Valentine's Day</i></p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm ZUMBA 7 - 8pm ADULT B. BALL LEAGUE 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm SELF DEFENSE 6 - 7pm ZUMBA 7 - 8pm ADULT OPEN GYM 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm ADULT OPEN GYM 7 - 10pm</p>	
20	21	22	23	24	25
<p style="text-align:center;">We will be CLOSED on PRESIDENT'S DAY</p>	<p>ADULT OPEN GYM 8 - 3PM WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm SELF DEFENSE 6 - 7pm ADULT OPEN GYM 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm ZUMBA 7 - 8pm ADULT B. BALL LEAGUE 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3 pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm ZUMBA 8:30 - 9:30am AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm SELF DEFENSE 6 - 7pm ZUMBA 7 - 8pm ADULT OPEN GYM 7 - 10pm</p>	<p>ADULT OPEN GYM 8 - 3pm WEIGHT ROOM 8am - 10pm TRACK 8am - 10pm AEROBICS 9:45 - 10:45am YOUTH OPEN GYM 3 - 6:45pm ADULT OPEN GYM 7 - 10pm</p>	<p>WEIGHT ROOM 10am - 2pm TRACK 10am - 2pm OPEN GYM 10am - 2pm</p>
27	28	<p>*All events are subject to change</p>			
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