

CITY OF LAREDO PARKS & RECREATION DEPARTMENT

EL EDEN RECREATION CENTER

4735 Loma Vista Dr.

Phone : (956) 794-1769



Hours of Operation

Monday - Friday
8am - 10 pm
Saturday
10am - 2 pm

**Weight Room
and Track**

Monday - Friday
8am - 10 pm
Saturday
10am - 2 pm
***ADULTS 15+ YRS OLD ONLY**

Open Gym Hours

Adults 15+yrs. old
M - F : 8 am - 3 pm
T/Th/F: 7-10 pm
Children 6 - 14 yrs. old
M - F : 3 - 6:45 pm

**Adult
Basketball League**

Mondays & Wednesdays
7 pm, 8 pm, and 9 pm



Aerobics

Tuesday - Friday
9:45- 10:45 am
Instructor:
Maria Gonzalez
\$5.00 Month
+ Membership

ZUMBA

Monday,
Tuesday, Thursday
8:30 - 9:30am
Instructor:
Claudia De Leon

Monday,
Wednesday, Thursday
7:00 - 8:00pm
Instructor:
Adriana Castañeda

\$25/ month + membership



Membership

6 - 61 yrs. old
\$15 for 3 months
Or
\$50 for 12 months
Veterans and 62+ FREE



Self Defense

Tuesday & Thursday
6:00 - 7:00 pm
Instructor:
Rick Guerra
\$40.00 Month
+ Membership

