

TAEKWON-DO



HAYNES REC CENTER



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Monday, Wednesday, Friday
7:00p.m. - 8:00p.m.

- Discipline
- Confidence
- Self-Defense
- Sparring
- Learning the art of

TAEKWON-DO

\$60
/per month

Membership required

Instructor:

Luis Chavez II



**INTERNATIONAL
TAEKWON-DO
FEDERATION**

2102 Clark's Crossing Laredo, TX 78043 (956)729-4600