



CITY OF LAREDO PARKS & RECREATION DEPARTMENT EL EDEN RECREATION CENTER

4735 Loma Vista Dr. Phone : (956) 794-1769



HOLIDAYS CLOSURE DATES

Friday 18, 2025
Saturday 19, 2025
Monday 21, 2025

WEIGHTROOM & TRACK

MONDAY - FRIDAY
8:00am - 10:00pm
SATURDAY
10:00am - 2:00pm

***ADULTS 15+ YRS. OLD ONLY**

BASKETBALL

Adults: 15+ yrs. old
M - F : 8am - 3pm, 7pm-10 pm
Saturday: 10am-2pm
Children 6 - 14 yrs. old
M - F : 3pm - 7pm

SELF - DEFENSE

TUESDAY & THURSDAY
6:00pm - 7:00 pm
6 - 14 yrs. old
Instructor: Rick Guerra
\$40.00 Month + Membership

ZUMBA

MONDAY
WEDNESDAY, THURSDAY
8:30am - 9:30am
Instructor:
Elizabeth Benavides

MONDAY,
WEDNESDAY, THURSDAY
7:00pm - 8:00pm
Instructor:
Adriana Castañeda

\$25 per month w/membership

MEMBERSHIP FEE:

\$15.00 FOR 3 MONTHS
\$50.00 FOR 12 MONTHS
AGES OVER 62
& VETERANS FREE!!



APRIL 2025