



CITY OF LAREDO PARKS & RECREATION DEPARTMENT

EL EDEN RECREATION CENTER

4735 Loma Vista Dr.

Phone : (956) 794-1769



Hours Of Op-

Monday - Friday
8am - 10 pm
Saturday
10am - 2 pm

Weight Room & Track

Monday - Friday
8am - 10 pm
Saturday
10am - 2 pm
15+ years old

Open Gym

Adults 15+ yrs. old
M - F : 8 am - 3 pm
T & Th: 7pm-10 pm
Children 6 - 14 yrs. old
M - F : 3pm - 7:00 pm

Adult Bball League

Feb 3rd & 5th
Feb 10th & 12th
Feb 19th & 24th

2 for 1

ZUMBA

Instructor

Elizabeth Benavides
Mondays, Wednesdays,
& Thursdays
8:30am - 9:30am

Instructor

Adriana Castaneda
Mondays, Wednesdays,
& Thursdays
7pm - 8pm

\$25/ month + membership

Self Defense

Instructor: **Rick Guerra**
Tuesdays & Thursdays
6pm - 7pm
6-14 years of age

\$40/ month + membership

February 2025