

Hours of Operation

Monday - Friday
8am - 10 pm
Saturday
10am - 2 pm

CITY OF LAREDO PARKS & RECREATION DEPARTMENT

EL EDEN RECREATION CENTER

4735 Loma Vista Dr.

Phone : (956) 794-1769



Weight Room and Track

Monday - Friday
8am - 10 pm
Saturday
10 am - 2 pm

*ADULTS 15+ YRS OLD ONLY

Self-Defense

Tuesday & Thursdays
6:00 pm – 7:00 pm
6 – 14 years old
Instructor : Rick Guerra

Open Gym Hours

Adults 15+yrs. old
M - F : 8 am - 3 pm
T & Th: 7pm-10 pm
Children 6 - 14 yrs. old
M - F : 3pm - 7:00pm

Adult Basketball League

Mondays, Wednesdays, and Fridays
7 pm - 10 pm

Closing Early

Thursday, Jan. 2 &
Friday Jan. 3
8am- 7pm

Closed

Saturday, Jan. 18 &
Monday, Jan. 20



ZUMBA

Monday,
Tuesday, Thursday
8:30 - 9:30am
Instructor:
Claudia De Leon

Monday,
Wednesday, Thursday
7:00 - 8:00pm
Instructor:
Adriana Castañeda

\$25/ month + membership

Membership

6 - 61 yrs. old
\$15 for 3 months
Or
\$50 for 12 months
Veterans and 62+ FREE