



CITY OF LAREDO PARKS & RECREATION DEPARTMENT
EL EDEN RECREATION CENTER



Weight Room & Track

MONDAY – FRIDAY

8:00am – 10:00pm

SATURDAY

10:00am – 2:00pm

***ADULTS 15+
YRS. OLD ONLY**

Open Gym Hours

CHILDREN: 6 - 14 YRS

OLD

M - F : 3:00pm - 7:00pm

ADULT: 15 + YRS OLD

M - F : 7:00pm - 10:00pm



Summer Program

Ages: 6-11 years old

Registration fee: \$60 per child

Summer hours: 8am - 3pm

Registration date & location:

Saturdays Only

June 14th from 10 am - 1 pm

June 28th from 10am - 1pm

**El Eden, Fasken, Haynes &
Hillside Rec. Center**

Birth certificate is required during registration and membership is required for the rec center and summer program

**Summer session I: June 2th -
June 20st 2025**

**Summer session II: June 23th -
July 11th 2025**

**Summer session III: July 14th -
August 1nd 2025**

ZUMBA

MONDAY

WEDNESDAY, THURSDAY

8:30am - 9:30am

Instructor:

Elizabeth Benavidez

MONDAY,

WEDNESDAY, THURSDAY

7:00pm - 8:00pm

Instructor:

Adriana Castaneda

**\$25 a month w/
membership per class!**

Membership

\$15 for 3 months

\$50 for 12 months

AGES 6 & UP

Veterans and 62

FREE!

Self-Defense

TUESDAY & THURSDAY

6:00 – 7:00 pm

6 - 14 YRS OLD

Instructor: Rick Guerra

\$40 Month + Membership

JUNE

4735 Loma Vista Dr. Laredo, TX Phone : (956) 794-1769