



CITY OF LAREDO PARKS & RECREATION DEPARTMENT EL EDEN RECREATION CENTER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

2 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	3 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	4 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	5 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	6 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	7 WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm WALKING TACK 10am - 2pm
9 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	10 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	11 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	12 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	13 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	14 WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm WALKING TACK 10am - 2pm
16 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	17 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	18 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	19 	20 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	21 WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm WALKING TACK 10am - 2pm
23 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	24 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	25 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	26 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm	27 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm	28 WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm WALKING TACK 10am - 2pm
30 WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm SUMMER PROGRAM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT LEAGUE 7pm - 10pm					

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