



CITY OF LAREDO PARKS & RECREATION DEPARTMENT EL EDEN RECREATION CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>3</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm</p>	<p>4</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>5</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>6</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm</p>	<p>7</p> <p>WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm</p>
<p>9</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 1pm YOUTH OPEN GYM 1pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>10</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 1pm YOUTH OPEN GYM 1pm - 7pm ADULT OPEN GYM 7pm - 10pm</p>	<p>11</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 1pm YOUTH OPEN GYM 1pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>12</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 1pm YOUTH OPEN GYM 1pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>13</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 1pm YOUTH OPEN GYM 1pm - 7pm ADULT OPEN GYM 7pm - 10pm</p>	<p>14</p> <p>WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm</p>
<p>16</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>17</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm</p>	<p>18</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>19</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>20</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 6pm - 10pm</p>	<p>21</p> <p>WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm</p>
<p>23</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>24</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm</p>	<p>25</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>26</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>27</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm</p>	<p>28</p> <p>WEIGHT ROOM 10am - 2pm OPEN GYM 10am - 2pm</p>
<p>30</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ZUMBA AM 8:30am - 9:30am ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ZUMBA PM 7pm - 8pm ADULT OPEN GYM 7pm - 10pm</p>	<p>31</p> <p>WEIGHT ROOM & TRACK 8am - 10pm ADULT OPEN GYM 8am - 3pm YOUTH OPEN GYM 3pm - 7pm ADULT OPEN GYM 7pm - 10pm</p>				
 <h1 style="font-family: cursive;">March 2026</h1> <p>4735 Loma Vista Dr. Phone : (956) 794-1769</p> 					