



CITY OF LAREDO PARKS & RECREATION DEPARTMENT  
**EL EDEN RECREATION CENTER**

4735 Loma Vista Dr.

Phone : (956) 794-1769



**MEMBERSHIP FEE**

\$15.00 FOR 3 MONTHS  
 \$50.00 FOR 12 MONTHS  
 AGES OVER 62  
 & VETERANS  
 FREE!!

**WEIGHT ROOM & TRACK**

MONDAY – FRIDAY  
 8:00am – 10:00pm  
SATURDAY  
 10:00am – 2:00pm  
 ADULTS 15+ YRS. OLD

**BASKETBALL**

Adults: 15+ yrs. old  
 M-F : 8am - 3pm, 7-10pm  
 Saturdays: 10am-2pm  
 Children 6-14 yrs. old  
 M-F : 3:00 - 7:00pm

**ZUMBA**

MONDAY,  
WEDNESDAY,  
THURSDAY  
 8:30am - 9:30am  
 Instructor:  
 Elizabeth Benavides

MONDAY,  
WEDNESDAY,  
THURSDAY  
 7:00pm - 8:00pm  
 Instructor:  
 Adriana Castañeda



**SELF DEFENSE**

TUESDAY & THURSDAY  
 6:00pm – 7:00 pm  
 6 - 14 yrs. old  
 Instructor: Rick Guerra

**\$25 A MONTH + MEMBERSHIP**

**\$40 A MONTH + MEMBERSHIP**



**MARCH 2025**

