



CITY OF LAREDO PARKS & RECREATION DEPARTMENT

EL EDEN RECREATION CENTER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

OCTOBER

1

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

2

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

3

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm - 7pm
ADULT OPEN GYM 7pm-10pm

4

OPEN GYM 10 am - 2pm
WEIGHT ROOM 10am - 2pm

6

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm- 10pm

7

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

8

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

9

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

10

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

11

WE WILL BE
CLOSED FOR
FOUNDERS DAY

13

WE WILL BE
CLOSED FOR
FOUNDERS DAY

14

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm- 10pm

15

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

16

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm- 10pm

17

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

18

OPEN GYM 10 am - 2pm
WEIGHT ROOM 10am - 2pm

20

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

21

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

22

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

23

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

24

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm- 10pm

25

OPEN GYM 10 am - 2pm
WEIGHT ROOM 10am - 2pm

27

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm- 10pm

28

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

29

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7pm
ADULT OPEN GYM 7pm - 10pm

30

WEIGHT ROOM 8am- 12pm
ADULT OPEN GYM CLOSED
HAUNTED HOUSE/JAMAICA
5PM - 9PM

31

WEIGHT ROOM 8am - 10pm
ADULT OPEN GYM 8am - 3pm
YOUTH OPEN GYM 3pm- 7:00pm
ADULT OPEN GYM 7pm - 10pm

4735 Loma Vista Dr.
Phone : (956) 794-1769