

HOURS OF OPERATION

Monday - Friday

8am - 10pm

Saturday

10am-2pm

MEMBERSHIPS

6 - 61 yrs old

\$15 for 3 months

Or

\$50 for 12 months

Veterans and 62+ FREE

WEIGHT ROOM & TRACK

Monday - Friday

8am - 10pm

*ADULTS 15+ YRS. OLD ONLY

HAPPY
Halloween

We will be

Closed

Saturday, October 12
&

Monday, October 14

Happy Founders' Day

OPEN GYM HOURS

Adults 15+yrs old

M - F: 8am - 3pm

7pm - 10pm

Children 6 - 14 yrs old

M - F: 3:00pm - 7:00pm

ZUMBA

Monday,

Tuesday, Thursday

8:30pm - 9:30am

Instructor:

Claudia De Leon

Monday,

Wednesday, Thursday

7:00pm - 8:00pm

Instructor:

Adriana Castañeda



CITY OF LAREDO PARKS & RECREATION DEPARTMENT
EL EDEN RECREATION CENTER

4735 Loma Vista Dr. Phone : (956) 794-1769



Haunted House/Jamaica

When: October 30th

Where: El Eden Gym

Time: 5:00pm - 8pm

After School Program

Activity Schedule

3- 4:30pm =

Homework

4:30- 5:30pm = gym time

5:30- 6:45pm = game room, board games/arts and crafts

*ages 6- 14 years old

**free w/ membership

***MONDAY - FRIDAY

Weight Room and Track

MONDAY - FRIDAY

8:00am - 10:00pm

SATURDAY

10:00am - 2:00pm

*ADULTS 15+ YRS. OLD ONLY

Open Gym Hours

CHILDREN: 6 - 14 YRS OLD

M - F : 3:00pm - 7:00pm

ADULT: 15 +YRS OLD

MON - FRI : 8 - 3pm, 7 - 10pm

Membership

6 - 61 yrs. old

\$15 for 3 months

Or

\$50 for 12 months

Veterans and 62+ FREE!

Self Defense

TUESDAY & THURSDAY

6:00pm - 7:00 pm

6 - 14 YRS OLD

Instructor: Rick Guerra

\$40 Month + Membership

ZUMBA

MONDAY

TUESDAY, THURSDAY

8:30am - 9:30am

Instructor:

Claudia De Leon

MONDAY

WEDNESDAY, THURSDAY

7:00pm - 8:00pm

Instructor:

Adriana Castañeda

REGISTRATION DEADLINE:

OCTOBER 1ST- 8TH

\$25 per month w/ membership

